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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Trace or write your name 5 times. Can you start it with a capital letter and the rest be lowercase? I think you can!</p>	<p>Have you ever wanted to be in a story? Go to www.storyplace.org and explore!</p>	<p>Sing your ABC's and say your numbers 1-10! Draw a picture! Give it to someone you love!</p>	<p>Go for a walk outside and find 5 pretty flowers. (You can draw and color flowers) What color are they? Give them to someone special.</p>	<p>Think about your favorite things to do at school. Tell your family 3 reasons why it's your favorite.</p>
<p>Let's get fit! Do 10 jumping jacks, 10 sit ups, 10 spinning circles and 10 arm circles! Phew! Now get a drink! You earned it!</p>	<p>Take some sidewalk chalk and draw hopscotch outside. Play together as a family! It's fun!</p> 	<p>Get Messy! Use shaving cream or flour to write your name 5 times. Can you start it with a capital letter and the rest be lowercase? I think you can!</p>	<p>Curl up with someone special and read a good book with them! Talk about your favorite part!</p>	<p>Sing your ABC's, say your number 1-10 and then tell someone your full name! You are so smart!</p>
<p>Think of a color. Find something with that color! Play "I SPY" with your family. You go first.</p>	<p>Visit www.Starfall.com. Explore the letters and stories there for free! It is so much fun!!</p>	<p>Play Duck, Duck, Goose outside with your family! You are it first!</p> 	 <p>Visit a playground and practice safety rules!</p>	<p>Paint or draw a picture for your teacher! Give it to her when you return to school!</p>
<p>Sing your ABC's and read a book to someone you love! If you cannot read yet, then talk about the pictures!</p>	<p>Make up a dance to your favorite song! Put on a show then take a family walk.</p>	<p>Go on a scavenger hunt! Look in magazines to find the letters in your name. Cut and paste the letters in order to spell your name.</p>	<p>times. Can you start it with a capital letter and the rest be lowercase? I think you can! Visit www.PBSkids.org! Explore and find new learning games to play!!</p>	<p>Play a board game with your family! Cheer each other on! Enjoy the giggles and working together!</p>
<p>Have a race outside! Who will win? Have a healthy snack today!</p>	<p>Think of a number from 1-10 and have your family guess it. Then try to guess their number.</p>	<p>Let's get fit!! Do 10 twirls, 10 frog hops, 10 crab steps and 10 sit-ups! Great workout!</p>	<p>Give out 1, bear hug, 2 high fives, 3 pinky hugs, 4 kisses and 5 cuddles!! Aww, so sweet!</p>	<p>Make up a song to and sing it! Get your backpack ready to come back to school!</p>

Classic Preschool Games that Secretly Teaches Life Skills

Please note that some of these games requires more than one participant, you and your family are encouraged to join your child(ren) in these simple games.

Duck, Duck, Goose This kid-favorite is an excellent game for teaching strategic thinking. Participants sit in a circle, and one person walks around the outside tapping each head in turn and saying “duck.” Eventually they pick one someone to be the “goose” and run around the circle to try to take that person’s place before the “goose” catches them. If they reach the end without getting tagged, the “goose” returns to their own seat and the original player continues around the circle. ******As kids play this game more, they start thinking about how to pick a “goose” (such as someone who isn’t paying attention) who will give them a better chance of getting back to their seats without getting tagged. Duck, Duck, Goose teaches children to plan ahead and gives them immediate feedback on the quality of their decisions.***

Musical Chairs. This game helps teach kids to resolve arguments peacefully, deal with disappointment and practice patience. Set chairs in a circle, one fewer than the number of children in the game, and then play music as kids walk around the circle. Every time the music stops, children must try to sit on a chair. Kids who don’t get a chair are out. Then remove a chair and begin again. As a game of Musical Chairs progresses, children must learn to deal with the frustration of being out of the game, therefore practicing patience and waiting graciously. They must also learn to use their words to work out arguments about whose chair is whose or who got there “first.” Be sure to have an adult on hand specifically to ensure conflicts are settled peacefully and to help kids who are no longer in the game stay cheerful.

Simon Says. Simon Says is an excellent game for helping kids learn to pay close attention to instructions, while also giving them a taste of leadership. In Simon Says, one kid asks their peers to do silly actions by saying “Simon says tap your head” or “Simon Says jump like monkeys.” Then the other kids will do the action—but only as long as the leader adds “Simon says” to their instructions. Kids who don’t pay attention quickly discover that if they don’t listen, they’ll be the only one doing the silly action. That gives them extra motivation to listen closely to the entire set of instructions before getting started.

Row Your Boat. Self-awareness is an important skill for children to develop as part of the learning process. Knowing how to moderate one's body is a very useful skill that prepares kids for later life. The game here is simple: sit with your child(ren) up facing one another with knees bent up in front of them and holding hands. Instruct them to rock back and forth in time to the song “Row, Row, Row Your Boat.” You’ll need to work together and child(ren) need to keep an eye on their own movements at all times. It works best to play this game with a CD or a song on YouTube, so you can incorporate a “freeze” element by stopping music abruptly. This helps children focus on auditory cues and match their physical movements to them.

Hide and Seek. Hide and Seek is a great game for teaching problem solving. In order to stay hidden for the longest possible amount of time, children have to assess their options so they can pick the best possible hiding spot. This builds spatial awareness, because kids must consider factors such as which hiding places will offer the most cover from the most vantage points. As they gain experience with the game, kids will take an even more in-depth assessment approach, thinking about which spots are frequently used during free play and therefore most likely to be checked first.

Hopscotch. This classic sidewalk game is perfect for developing critical thinking skills. Kids draw the hopscotch shape on the sidewalk, then take turns tossing a rock underhand at the hopscotch shape. They then must navigate the hopscotch course while avoiding the square the rock landed on. Since it’s often difficult to avoid the square with the rock while hopping on one foot, kids will need to plan ahead to find the best “route” through the course.

Red Light, Green Light. Red Light, Green Light is great for teaching patience. After all, children don't love to stand still. To play, one kid stands facing away at the other side of the field. The goal is to be the first to touch that person, without getting caught moving. When the person is facing away, that's a green light and kids can move toward them. When the leader turns around to face the group, that's a red light, and kids must stop moving. Anyone the leader catches still in motion has to go back to the starting line. To win at Red Light, Green Light, kids need to rein in their impulse to run forward, instead choosing a pace where they can stop instantly if the leader starts to turn. As they near the leader, they'll also have to learn how to wait for the exact right moment to rush forward. If they misjudge and go too soon, they'll have to start over from the beginning.

Sleeping Lions. It's important for kids to learn how to stay focused despite distractions. Sleeping Lions is a fun way for kids to learn this important life skill. During this preschool game, all the children lie down and pretend to be asleep. Then one person walks among the group (without touching anyone, trying to convince kids into reacting and opening their eyes. The last kid to still look like they're "sleeping" is the winner. Sleeping lions encourages kids to be silly as they try to wake up their peers. To stay "asleep," kids have to keep themselves focused on not moving a muscle—no matter how their peers try to distract them. That's extremely hard for young children to do, and the focusing they practice during Sleeping Lions will help a child later on when they're trying to learn in boisterous environments.